

KATHERINE "MOLLY" HATCH SENIOR CENTER NEWSLETTER


Hello to all my Elders and Seniors,

My name is Lorina Jones and I am a Tulalip tribal member. I have been working for the tribe for over 19 years and have six children. My partner Jacob James works with Public Works for the tribe. Both of our positions require us to be essential workers. Though it puts our family at risk through this pandemic, we are honored to help wherever it is needed.

My parents are Audrey Charles and Steve Jones Sr., Both are from Tulalip. My Grandparents are Helen Prouty (Hatch), Wesly & Tiny Charles, Florence McKay (Williams), and George C. Jones Jr. (deceased before I was born). My Great Grandparents were Katherine "Molly" Hatch (Fryberg), Donald Hatch Sr., Nora Dillon, Joseph Charles Sr., Martin and Margaret Williams, and George Jones Sr. and Juanita Giddings.

Fortunately, I was able to grow up very close with most of my grandparents. Growing up, I always enjoyed being around them and helping them when I could. Before my great-grandpa Martin passed, I still remember him calling me his little dishwasher when I was a little girl. It's a fond memory that makes me smile. I would always ride with my grandmother Florence (Martin's daughter) and my parents, and a lot of the time, Esther Reeves would be with us. We would go to yard sales or for rides to the woods hunting or berry picking. I was always also down at Esther and Tom Reeves' house visiting. Esther would make pork chops for dinner, and she always had gum to hand out, and we played Go Fish or Rummy together. I loved her very much.

In my early 20s, I had the honor to be able to help care for my great grandmother, Molly H., on the weekends. I would help with getting her breakfast, bathing, and sitting with her visiting. I did this for months before she passed. I have many other grandma's memories, but the time to help care for her was very special to me. I often went to my grandfather Wesly Charles and grandma Tinys to help them cut and stacking wood, weed-eating the lawn, or helping Grandma Tiny feed her birds. I helped them also with whatever housework was needed, took them to appointments, or just sat and visited with them.



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I also grew up close with my grandma Sally and was able to help with her care when she became ill. I helped with cooking, bathing, appointments, and just visiting. When I was caring for my grandma, I was encouraged to become a caregiver. I became a certified caregiver. I have elders that I have cared for and have great memories of my times with them, but they are some very special ones. My parents are elders now, and I do my best to be there for them in any way I can.







I started working at the Bingo Deli in 2001 as an attendant and was there for almost three years. Through the time at Bingo, I served many of our Elders and Seniors that came there for Senior Bingo. A position opened up for a cook/driver at the Senior Center, and I thought this would be an excellent position for me because I enjoy being around and helping Elders. I have been here for seven years. I take pride in making two meals a day for our Elders/Seniors, especially through this pandemic. We are currently delivering 153 breakfast and 168 lunches. I enjoy coming in every day and chatting with those that receive the meal deliveries.

If any of you would like to be added to our meal delivery or have any recipe suggestions that live on the Rez, feel free to give us a call at (360)716-4684 or (360) 926-5806.

Sincerely,
Lorina Jones
Kitchen Coordinator


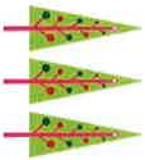
December 2020

WINTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Biscites & Gravy Scrambled egg sausage patty	Ham Egg Cheese wrap hashbrown	Breakfast bites	Cream Of Wheat Fruite toast yogurt Milk	
6	7	8	9	10	11	12
Hashbrown bacon toast boiled egg	Sausage scramble potatoes	Pancake Sausage links fruit	Breakfast bites	Country fried steak potatoes fried egg bisuite		
13	14	15	16	17	18	19
corn beef hash fried egg	Oatmeal Milk Fruit Muffins	Blueberry pancak hornslice Boiled egg	Breakfast bites	sausage egg cheese sand potatoes cereal		
20	21	22	23	24	25	26
Hashbrown poached egg bacon toast	texas Scramble english muffins	Strawberry Pancake Bacon				
27	28	29	30	31	1	2
						

December 2020

WINTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Tuna Casserole Peas Oranges	Spanish Rice Brownies	Chef Salad Fresh Fruit	Roast Potatoes Gravy/Corn White Cake	
6	7	8	9	10	11	12
Pasta Salad Fresh Fruit	TBD	French Dip Fries	TBD	Clam Chowder Frybreads Jell-o		
13	14	15	16	17	18	19
Stit Fry Pineapples	TBD	Sand Chips Mac Salad Fruit	TBD	Stew Cornbread Carrot Cake		
20	21	22	23	24	25	26
Spaghetti Corn Garlic Bread Fruit Cocktail	TBD	Ham Scalloped Potatoes Greenbean casserole				
27	28	29	30	31	1	2
						

December 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Robert Spencer Cheryl Anderson Kenneth Wells	Helen Davis Debra Posey Ronald Morris	Myrna Hollen David Fryberg Jr Felicia Jones	Frieda Cavanaugh	Ronni Kamekona Gary Eneas Lance Taylor
6	7	8	9	10	11	12
Thomas Gobin George Kekumu Jeffery Reeves Sr	Sherry Guzman Teru Parker Sr Norma Razote	Caroline O'Neill	Roger Williams Sr	Vernon Carpenter	Illene James	
13	14	15	16	17	18	19
Shawn Leaford Nina Charlie	Peter Henry Sr Shannon Huff David Dunn	Phyllis Enick Nina Goodman Emily Bagley Terry Parker Jr	Elizabeth Pen William Williams Jr Joyce Atchison	Duane Larson Alpheus Jones Jr	Mary James	
20	21	22	23	24	25	26
Patricia Contraro	Angela Miller	Maurice Alexander Jr	Elizabeth Miller Nadine Perry Adrienne Viella	Carol McKay Paula Saticum	James Williams	Tyrone Patkoski Johnny Gibson Sr Denise Hatch- Anderson Barbara Parker
27	28	29	30	31	1	2
	Dennua Sweeney	Betty smith Virginia Charles	David Fryberg Sr Linda Hopper	Lily Robinson		