

APRIL 2011

DIABETES CARE AND PREVENTION PROGRAM

MARCH

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MAY

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Elder Fit 11am Senior Bldg	5	6	7	8	9 Diabetes Clinic Available
10	11 Elder Fit 11am	12	13	14	15	16 Growing groceries 10- 1pm Hibulb
17	18 Elder Fit 11am	19	20 Taking Circle 5:30pm Clinic	21	22	23
24	25 Elder Fit 11am	26	27	28 Tulalip Day at the YMCA 1:15-4pm	29	30

