

# Diabetes Care and Prevention Program 2016

## HEALTHY GARDEN GATHERING *Connection through Nature*

Saturday, February 20, 2016

Karen I. Fryberg Tulalip Health Clinic  
Wellness Garden and Trail

10:00 am–2:00 pm lunch provided



### Schedule of activities

10:00 am Opening prayer

11:30 am Cooking demonstration

12:30 pm Lunch will be served

### Giveaways

Klesick Family Farm – Fruit and Vegetable CSA box  
Special drawing for prize

### Honorary garden guests

WSU Master Gardeners

UW Medical Students

