



Importance of Social Life & Fun at College

Something that is most always left out of discussions on going to college is FUN. However, college graduates looking back at their time at college will most likely remember the fun times they spent with friends and socializing. Having a social life is vitally important to having a positive college experience. Whether or not you take the time to have fun in college might be a bellwether indicator of a student's personal and professional life.

Balancing the demands of being a full time student, participating in extra curricular activities and juggling a part-time job can sometimes become overwhelming for students. This is where some relaxation and fun can alleviate some of that stress. Taking some time for rejuvenation and relaxation is just as important as dedicating time to other activities in your student life.

Structured social activities help a student to develop a sense of community. Whether participating in extracurricular sports, working on the school newspaper or volunteering with a group, you can gain much from connecting with something bigger than yourself. In the process, you learn about teamwork, becoming more selfless or gaining some experience in leadership.

Having an active social life helps you to become acquainted with people outside of your own social circle. Developing relationships with people of different cultures encourages you to become less judgmental while exposing you to a larger world. These early encounters in the "outside" world can become early lessons in acceptance which can prove invaluable in life.

During your college years, you have an opportunity to expose yourself to a variety of social situations. Through meeting people from other walks of life you are able to refine your communication skills, build self-confidence and develop resilience. College gives us the chance to try out the next level up from being at home. Taking a chance on voicing your own opinions and speaking out in front of small groups is good practice for the future.

With an active social life, you are learning how to build relationships which can be transferable to later connections. These interpersonal skills will also help you in your future careers. It has been noted studies, that socially active students during their college years become workers who are more engaged, enthusiastic, motivated and dedicated to their careers.

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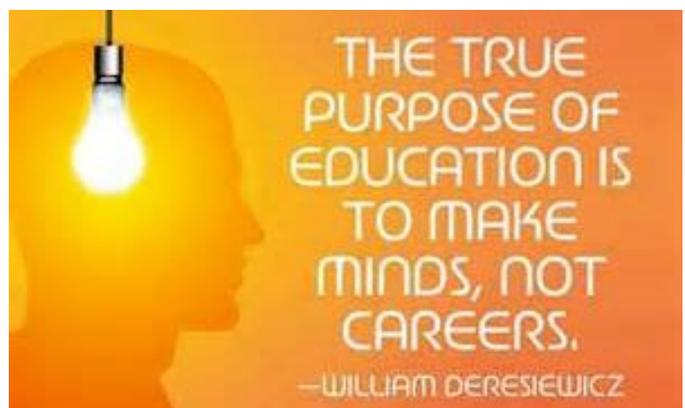
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EDUCATIONAL FUNDING REQUIREMENT

Requirements for educational funding.

- Complete Higher Ed Application.
- Provide proof of enrollment as a Tulalip Tribal member.
- Provide High School Diploma or GED – If you do not have either you must sign a 6 month agreement.
- Running start students must provide a letter from their high school counselor.
- Provide results of Free Application for Federal Students Aid (FAFSA) annually. <http://www.fafsa.edu.gov>.
- Provide a complete educational program plan of courses for your degree from the college/institution.
- Goal letter—State your academic goals and how you plan to achieve those goals and projected outcomes.
- Must sign the agreement acknowledging receipt and understanding of the Higher Education Policy regarding student responsibilities and probationary status.
- Class schedule.
- Tuition invoice from college/institution.
- Diving or other (physical requirement) certificate program — students must pass a UA and Physical. Proper documentation must be provided.
- Room & Board—students must provide a lease agreement and W-9 from landlord and live 30 miles from home.

This documentation must be provided to Higher Ed staff at least **two (2) weeks prior to school start date**.





Bastyr University is the world's leading academic center for natural health arts and sciences. The first regionally accredited school of its kind, the University was founded in 1978 as a college of naturopathic medicine. Today, Bastyr University combines an integrative curriculum with leading – edge research and clinical training to educate future leaders in a multitude of natural health professions. There is no better place to become a leader in the field of natural health.

MISSION: Bastyr University's mission is to educate future leaders in the natural health arts and sciences. Respecting the healing power of nature and recognizing that body, mind and spirit are intrinsically inseparable. Bastyr University models an integrated approach to education, research and clinical service.

STELLAR ACADEMIC ENVIRONMENT

Since its founding 35 years ago, Bastyr University has grown into a comprehensive university offering accredited undergraduate, graduate and doctoral degrees. Recognized globally for its rigorous curriculum and science-based foundation, the University is at the forefront of developing the model for 21st-century medicine.

MEANINGFUL LEARNING FROM EXPERT FACULTY

The faculty is made up of expert educators and skilled practitioners. With an average student/faculty ratio of 9:1, you will not be "just a number" in your classes. You'll find approachable professors in small classes who are committed to serving as mentors and seeing you succeed.

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In all of the academic programs, Bastyr students develop strong critical thinking and evaluative skills. Graduates leave with a deep understanding of evidence-based research that gives an edge in their future careers.

Students are exposed to a rich science-based research environment through the Bastyr University Research Institute (BURI). Over the last 25 years, BURI has received a number of multimillion-dollar research grants from the National Institutes of Health. As the leader in complementary and alternative medicine research, Bastyr partners with prestigious institutions such as University of Washington, Seattle Cancer Care Alliance and the University of Minnesota.

A DIVERSE COMMUNITY OF SCHOLARS

Bastyr University is made up of a community of warm and supportive students, staff and faculty, united in a common purpose. Students at Bastyr University vary widely in age, culture and experience, but they share a clear and passionate commitment to improving people's health. You will find friends, colleagues and mentors who are eager to honor your contributions and support your dream. At Bastyr, you can nurture your calling in a compassionate community.

Rich Campus Life

Bastyr University's vibrant campus is abuzz with activity that reflects the interests of the students. Throughout the year, students enjoy an abundance of clubs, campus traditions and special events that make Bastyr feel like home. The state-of-the-art labs, study spaces, library and dining commons provide ample space for students to learn and connect with each other outside of class.

Make a Difference with Outstanding Academic Training

Bastyr University is accredited by the Northwest Commission on Colleges and Universities (NWCCU), an institutional accrediting body recognized by the U.S. Department of Education.

At Bastyr University you can receive Bachelor, Master's and Doctoral degrees plus certificates and training in several areas. Visit www.Bastyr.edu/Academics for a complete list of the academic programs.

Federal Student Aid

An OFFICE of the U.S. DEPARTMENT of EDUCATION

FAFSA/Student Aid Report 2015 –16

FEDERAL FINANCIAL AID is not unlimited.

Submit you FAFSA 2015-16 between January - March 2015 (www.fafsa.gov).

Please send a PDF copy of your STUDENT AID REPORT 2015-16 to Higher ED at highered@tulaliptribes-nsn.gov.

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